

FOOD MENU

ENJOY A CUP OF TEA

All our teas are available hot or iced, by a single cup/glass or a pot/pitcher to share.

Rare teas have a \$1 premium per cup; \$2 per pot.

Tea for one \$4.75

Pot or Pitcher \$10.00

Iced tea of the day \$3.75

(complimentary refills)

See Tea Menu for tea varieties and how to buy loose tea to take home. See reverse side of this menu for a complete beverage menu.

AFTERNOON TEA

Tea for 2 or more: \$24 per person

A pot of tea of your choosing served with a 3-tier tray of our finest pastries: scones with cream and jam, fresh baked cookies and breads and three types of tea sandwiches. (2 people minimum)

+\$5 Gluten-Free & Vegan

ACAI BOWLS \$13

Made from superfoods and packed with antioxidants, our acai bowls are as pretty as they are delicious.

Hawaiian

Acai, pineapple, coconut flakes, kiwi, strawberries and agave.

Peanut Butter

Our most popular bowl: Acai, sliced banana, chocolate chips, peanut butter, granola and agave.

Power Protein

For protein junkies: Acai, almonds, cashews, granola, coconut, peanut butter and agave.

Rainbow

Eating the rainbow never tasted so good: Acai, strawberry, pineapple, kiwi, blueberry, granola & agave.

Bunch-o-Berries

Acai, blackberries, blueberries, strawberries granola and agave.

make it

vegan or gluten free

for no charge

BREAKFAST

Served all day, every day.

Quiche of the Day

\$11

A slice of homemade quiche served warm with an organic green salad.

Good Mornin' Burrito

\$12

\$11

A filling start to the day: scrambled egg, veggie sausage, potato, onion, green pepper, Colby-Jack cheese topped with chipotle sour cream.

Breakfast Sandwich (vegan)

Veggie sausage, vegan egg, vegan cheese, and chipotle sour cream on the best locally-made-with-love vegan cheddar biscuit ever.

Early Bird Special

Pizza with pesto cream cheese base, roasted potatoes with green pepper, onion, veggie sausage, egg and Havarti cheese.

NACHOS (VEGAN) \$12

Crispy tortilla chips, our signature Tempeh Chili, vegan cheese and chipotle sour cream.

PANINI \$13

Served toasty warm on Ciabatta bread with a side of our famous edamame three-bean salad. Make any vegan.

The Original Grilled Cheese

Sharp cheddar and creamy Havarti, melted to perfection.

Pesto Cauliflower Grilled Cheese

Locally-made pesto, Buffalo cauliflower bites, Havarti cheese, and pesto cream cheese.

Balsamic Berry Grilled Cheese

Fan favorite: fresh berry compote, spinach and vegan mozzarella cheese melt together to perfection.

Portobello Panino

Marinated Portobello caps, spinach, tomato, red onion, and pesto cream cheese smothered with melted Havarti.

Avocado Panino

Ripe avocado, Havarti, tomato, spinach and pesto cream cheese.

Your patience is appreciated

This isn't fast food. We make your food with fresh ingredients when you order it.

HAVE IT YOUR WAY \$13

in a**RICE QUINOA BOWL**

over ORGANIC **GREENS**

m aWHOLE WHEAT **WRAP**

on**GLUTEN-FREE BREAD**

California Cobb

Chopped egg, avocado, bleu cheese, herbs, tomato, candied walnuts, pickled red onions and microgreens topped with green goddess dressing.

Everything but the Kitchen Sink

Generous scoops of hummus, sweet potato, black beans, cauliflower and chickpeas, served with chipotle sour cream and avocado ranch.

Crunchy Ginger

Soy marinated tempeh, chopped cashews, cilantro, lime juice, kale slaw and ginger dressing.

Vegan Rainbow

Shredded carrots, beets, avocado and microlettuces make this our most instagrammable wrap and is perfect to dip in peanut sauce.

Quinoa Caprese

Diced tomatoes, avocado, cheese, basil, olive oil, cracked black pepper and sea salt.

Hummus and Veggie

Full of fresh veggies including tomato, spinach, red onion, bell pepper, shredded carrot, cucumber and creamy hummus.

Avocado Delight

A favorite: organic avocado, hummus, tomato, sunflower seeds and spinach.

Classic egg salad with field greens and tomato.

Nut & Honey

Local honey, organic cashew nut butter, bananas, strawberries and granola.

- ADD ONS · Hard-boiled Egg
 - Tempeh (Ginger/Soy or Taco)
 - · Buffalo Cauliflower Bites

SIDE UPGRADE +\$3

Upgrade your side with a choice of:

- Hummus & Corn Chips.
- · House-made Salsa and Corn Chips,
- · Side Salad, or
- · Cup of Soup or Chili

YOU PICK **2** COMBO **\$14.95**

Served with Iced Tea of the Day. Substitute Hot Tea +\$1

– mix & match -

half salad half soup half tea sandwich half panino +\$2 quiche +\$2

SALADS \$13

Add hardboiled egg or tempeh taco crumbles to any salad **+\$2**

Endless Summer Salad

Great all year round in the Florida heat: Mixed greens, strawberries, candied walnuts, avocado, feta cheese, and house-made citrus vinaigrette.

Raspberry Salad

Organic field greens topped with candied walnuts, bleu cheese crumbles and dried cranberries, dressed with an organic raspberry vinaigrette.

Roasted Pear

Organic field greens sprinkled with bleu cheese and drizzled with a balsamic reduction, finished with pecan crisp crackers and caramelized pears.

Milton Special

Organic field greens, roasted beets, dried cranberries, sunflower seeds, tomato, cucumber, hummus and tabouleh, drizzled with a balsamic reduction.

Tempeh Taco Salad

Savory, seasoned tempeh, black beans, cucumbers and tomatoes on organic field greens with pico and crispy organic corn tortilla chips, topped with housemade chipotle sour cream dressing.

Greek Salad

Just like Uncle Nicolas made – Kalamata olives, tomato, green peppers, cucumber, red onions and feta, topped with house-made Greek dressing.

TEA SANDWICHES \$12

BLT

Veggie bacon, lettuce and tomato on white bread.

Classic Cucumber

Cucumber and cream cheese served classic tea-sandwich style: triple-decker white and wheat quarters sans crusts.

Herbed Cream Cheese

Cream cheese and delicate herbs with walnuts and dried cranberries on sweet fruit-and-nut bread.

CHILDREN'S MENU \$8

Ages 12 and under, please.

Cheese Pizza

Perfect for tiny tummies, cheesy goodness.

Acai Bowl

Banana, chocolate chips, granola & agave.

Cheese Quesadilla

Melted cheddar in a whole wheat tortilla with apple slices on the side.

Mom's Grilled Cheese

Just like Mom makes: buttered white bread topped with Cheddar, warmed on the press, and served with apple slices.

Cashew Butter and Jelly

Organic cashew butter and strawberry preserves on white bread.

TACOS + QUESADILLAS \$13

Sweet Potato Tacos

Roasted sweet potatoes, cheddar jack cheese, fresh guacamole and chipotle sour cream make these tacos irresistible.

Buffalo Cauliflower Tacos

Buffalo cauliflower bites drizzled in ranch dressing topped with lettuce.

Cauliflower Chickpea Tacos

Served with crispy kale slaw, cilantro, guacamole, and sour cream.

Chipotle Sweet Potato Quesadilla

Roasted sweet potato, black beans, chipotle peppers and lots of melted cheddar jack, served with salsa and guacamole.

Baja Burrito

Corn, black beans, red peppers, cheddar jack cheese, rice, cilantro and crushed tortilla chips.

Mushroom Quesadilla

Roasted mushrooms, spinach and cheddar jack on pressed flatbread, with fresh pico, sour cream and guacamole.

Jack Kerouac Quesadilla

This namesake quesadilla has a blend of black beans, corn, roasted red peppers, green onion, cilantro and Colby-Jack cheese on pressed flatbread with pico, sour cream and guacamole.

Crunch Wrap Supreme

Refried beans, guacamole, lettuce, sour cream, melted cheese and crushed tostadas make this crunch wrap the yummiest.

Southwest Burrito

Southwest-seasoned tempeh, black beans, rice, onions, tomato, Colby-Jack cheese and our smoky chipotle sour cream.

PIZZAS \$13

Suitable as a main portion for 1 or a light bite for 2. Served on flatbread.

White Pizza

Veggie sausage, green peppers, red onion, and pesto cream cheese topped with creamy Havarti.

Goat Cheese Pizza

Sun-dried tomato spread and mushrooms on creamy goat cheese.

Buffalo Pizza

Buffalo cauliflower bites, green onion, ranch dressing, hot sauce and Havarti.

Pesto Pizza

Locally-made pesto makes tomato, bell pepper, roasted red onion and feta sing.

Greek Pizza

Kalamata olives, green peppers, red onions, tomato and feta on a base of olive oil.

SOUPS

Cup \$5 / Bowl \$8

Tempeh Chili

Our famous blend of mild spices, beans, crumbled tempeh, nuts, corn and tomato goodness.

Soup of the Day

Homemade daily, ask for today's pick.

IMPOSSIBLE BURGER **\$14**

An Impossible Vegan Burger topped with lettuce, tomato, red onion, and lots of special sauce. Served with blue corn chips and homemade salsa.

SPECIAL EVENTS

Infusion Tea offers full-service event planning for bridal and baby showers, birthday parties, rehearsal dinners and more. We also offer coordination on catering for events of any size.

See what we offer to make your next occasion wonderful at **www.infusiontea.us**

TOASTS **\$10** FOR 1, **\$13** FOR 2

Thick-cut fresh baked Olde Hearth Ciabatta bread toasted with the following options.

Avocado Toast

Ripe avocado, pickled red onions and organic microgreens drizzled in our house-made citrus vinaigrette.

Berry Goat Toast

Raspberry preserves, fresh strawberries, creamy goat cheese and balsamic drizzle.

Nut and Honey Toast

Local honey, organic cashew nut butter, bananas, strawberries and granola.

Caprese Avocado Toast

Ripe avocado, fresh basil, sliced tomato, Havarti cheese, olive oil, balsamic drizzle, and cracked pepper.

BEVERAGES

All teas are available hot or iced, single serving or by the pot/pitcher. Rare tea is additional.

Tea

Tea for One (hot or iced) \$4.75
Pot or Pitcher \$8.00
Iced Tea of the Day (free refills) \$3.75

Tea Lattes

Chai Latte \$5.00 Green Tea Latte \$5.00

Coffee

lced Cold Brew \$5.00
French-pressed on demand \$4.00
Regular or decaf

Café Latte/Cappuccino

Oat Milk Latte \$5.00 Regular or flavored \$5.00 Ask barista for current syrup selections

Proudly serving



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